

eCare: Digital solutions for frailty prevention in old adults, GA-856960



Call: [H2020-SC1-DTH-2018-2](#)

Topic: [SC1-DTH-10-2019-2020 - Digital health and care services](#)



Sep'19 – June 24



8 partners from 4 countries
(ES, PT, IT, DE)

4 procurers = buyer's group



4 supporting organisations



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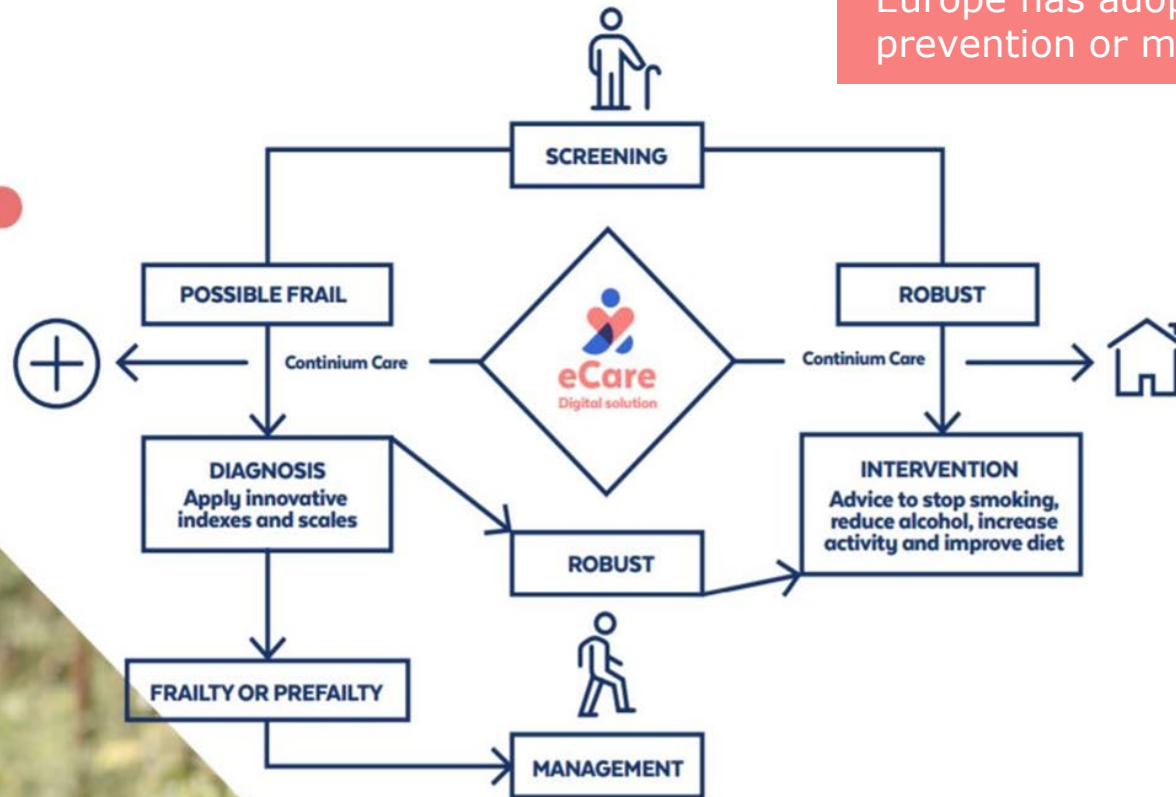


Digital solutions for frailty prevention in old adults

Population ageing has profound implications for the **planning and delivery of health** and social care

The most problematic expression of population ageing is the clinical condition of **frailty**

Although frailty is **highly prevalent** no country in Europe has adopted a systematic process for its prevention or monitoring



People with frailty are at risk of developing conditions such as **anxiety and depression**

Frailty usually comes along associated with other risk factors such as **loneliness**

1 out of 4 adults over 85 years is living with frailty

Frail older adults are likely to experience recurrent **falls**

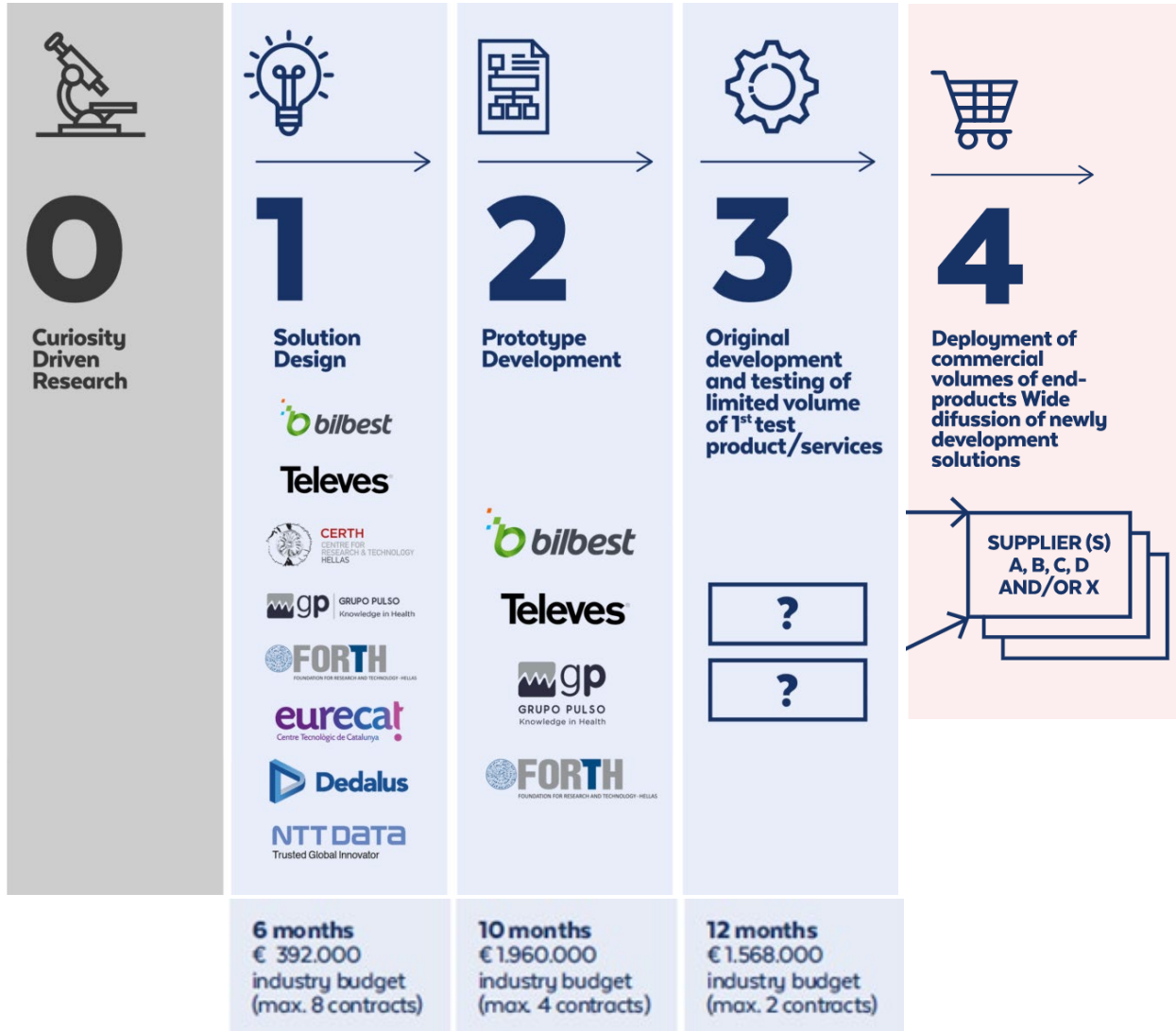


Goal

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To deliver disruptive digital solutions for the **prevention and comprehensive management of frailty** to encourage independent living, wellbeing and to relieve health and care services budget pressure.

eCare PCP Phases



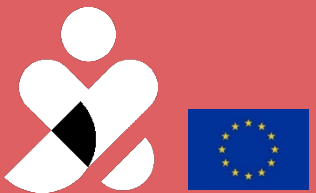
- ❖ **Phase 0:** Open Market Consultation & Call for Tender Launch
- ❖ **Phase 1:** Selected providers to elaborate the solution design. After 6 months they have been evaluated and Best Solutions were moved to PCP Phase 2
- ❖ **Phase 2:** Prototype development during 10 monts. Best solutions were moved to Phase 3
- ❖ **Phase 3:** Test of solution in real-life operational conditions for 12 monts. Bussiness plan to be developed

Lessons learnt

- ❑ PCP are the best instrument for **adopting innovation** for the organizations involved in this project.
- ❑ **Co-funding** of PCP instrument is high (even better in Horizon Europe!)
- ❑ **Matchmaking tools** are useful to establish consortiums.
- ❑ **Leadership of the Lead Procurer** is essential for the project success:
 - The **Lead Procurer should be experienced** in PCP or get support from experienced organizations.
 - To centralize the PCP process in the Lead procurer makes the management of the PCP easier and simplifies the administrative burden.
- ❑ Involvement of a **multidisciplinary team** per procurer is a success factor: from technical personnel to procurement and legal department/units.
- ❑ **Time consuming projects** = commitment from the buyer's group is needed: preparation of the CfT documents, evaluation of the offers, monitoring of the contracts, etc.
- ❑ **Make it simple** for suppliers: Most of the time, the suppliers that will submit an offer to the PCP tender will be Start-ups or SMEs. This kind of process can be complex for them to understand. Therefore, the tender documents must be clear and concise.
- ❑ **Digital tools** to centralize the process are very useful: eTendering platform is highly recommended, for the CfT launch, but also for the rest of the PCP process (communication with the suppliers, the implementation period between the PCP phases...). This facilitates the collaborative work of the Buyers Group.
- ❑ Detailed **evaluation process**: 1) Allocate sufficient time for evaluation between each PCP Phase; 2) Manual for evaluators; 3) Consensus evaluation
- ❑ **Co-creation process**: Continuous communication within contractors and suppliers: F2F/online meetings, email contact, etc.



QUESTIONS?



Thank you for your
attention!